

## BREAKFAST (until 11am & 12 Sundays)

### TOAST etc. (gfa)

Sour dough x 2 slice (vga).....2.50  
Toasted fruit teacake.....2.50

**PORRIDGE OATS WITH CHIA**(v).....(vga)4.00  
Comforting rolled oats made with hot milk & served with a choice of:  
banana,honey or berries,maple syrup with chia

**BACON OR SAUSAGE**(gfa).....4.50  
Oven cooked bacon or sausage on white roll.

**GRANOLA BOWL** (gfa).....5.00  
Low Fat Greek Yoghurt topped with granola, fresh Berries,  
mixed seeds and honey to taste.

**NORTHERN BREAKFAST**.....7.50  
Seasoned cubed potatoes, vine ripe tomatoes,baked beans,mushrooms,  
cumberland sausage, crispy bacon & poached egg, served in a hot  
skillet with sourdough toast & butter.

## ALL DAY BRUNCH

**AVOCADO ON SOUR DOUGH** (v)(gfa).....8.00  
Smashed zesty avocado on 1 sour dough toast topped with  
crumbled feta, chilli flakes,a poached egg & a lime wedge.

**SMASHED SQUASH ON TOAST** (v)(gfa).....8.00  
Smashed butternut squash on 1 sour dough toast topped with,  
crumbled feta,a poached egg, sumac, pumpkin & sunflower  
seeds with beetroot houmous.

**TOMATO BRUSCETTA** (vg)(gfa).....7.00  
Chopped vine ripe tomatoes with garlic, red onion and basil  
drizzled in olive oil on 1 sourdough toast with balsamic glaze.  
Add Mozzarella.....2.50

**AMERICAN PANCAKES**.....7.00  
4 Fluffy American pancakes with a choice of 2 options:  
Bacon & Maple Syrup or Banana, berries & salted caramel

**EGGS BENEDICT** (gfa)  
2 Poached eggs on 1 slice of toasted sour dough with  
hollandaise sauce and a choice of:  
Crispy bacon.....8.00  
Avocado.....8.50  
Smoked salmon.....9.50

### BRUNCH EXTRAS

Poached egg	1.50	Sausage	1.50
Avocado	2.00	Baked beans	1.00
Crispy bacon	1.50	Vine ripe tomatoes	1.50
Smoked salmon	3.00	1 sour dough toast (gfa)	1.25

# NORTHERN TEA HOUSE

## HOT LUNCH (from 11, Sun from 12)

**SOUP OF THE DAY** (vga)(gfa).....4.50  
Fresh soup of the day served with sour dough bread.

**NORTHERN RAREBIT**(v).....7.00  
Made with mature cheddar,red chilli flakes, English  
mustard, Yorkshire relish & mayonnaise melted on a sliced of  
sour dough toast, served with onion chutney & a side salad.

Add ham.....1.00  
Add mushrooms (v).....1.00

**JACKET POTATOES** (v)(gfa).....6.00  
Oven baked potato served with a side salad with a choice of:  
tuna sweetcorn, cheese(v), beans(vg), home made coleslaw(v)  
Extra topping.....1.00

## SALADS (from 11, Sun from 12)

A hearty bowl full of baby leaves, cucumber, tomatoes, drizzled  
with balsamic or fat free dressing,served as:

**THE TUNA NICOISE**.....8.00  
Tuna, red onion, black olives & a poached egg.

**THE FALAFEL** (v)(vg).....8.00  
Falafel & beetroot houmous

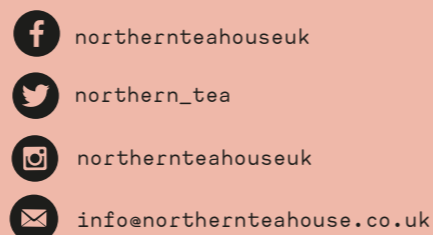
## OTHER (from 11, Sun from 12)

**NORTHERN NACHOS** (v)(gf).....7.50  
Nachos topped with cheddar cheese, sour cream,salsa,  
Smashed avocado, sprinkled with chilli flakes & coriander.

**SPICED SQUASH OPEN WRAP** (v).....8.00  
Spiced roasted squash, with chickpeas, red onion with home made  
raita on a beetroot tortilla wrap.

**VEGAN OPEN WRAP** (vg).....8.00  
Spiced Falafel, beetroot houmous, masala roasted  
cauliflower, radish and pea shoots on a squash tortilla wrap.  
finished with a sprinkling of pomegranate seeds.

## FOLLOW US



## LAST FOOD ORDERS

3.30pm

CAKE AND DRINKS ARE SERVED  
UNTIL CLOSE

www.northernteahouse.co.uk

## AFTERNOON TEA

- 16.95pp

A traditional selection of finger sandwiches on sliced bread.

including Egg Mayo, Honey Roast Ham,  
Assorted bitesize savoury pastries.

Fresh scone, served with clotted cream and preserve.

A selection of miniature sweet treats  
Served with any Hot drink

2:30 ONWARDS EACH DAY

BOOKING 1 DAY IN ADVANCE

NOTE: -Cold drinks are not included

PLEASE STATE ANY  
DIETARY REQUIREMENTS  
WHEN ORDERING AT  
THE COUNTER

gfa= gluten free available v= vegetarian vga= vegan available

FULL ALLERGEN SHEET OF THE MENU AVAILABLE ON REQUEST

## KIDS MEAL

CHOOSE 1 ITEM FROM EACH SECTION 3.95

### SANDWICH (gfa)

HAM JAM  
TUNA SWEETCORN CHEESE SPREAD

OR

1/2 A BAKED POTATO

BEANS & CHEESE TUNA SWEETCORN

### CRISPS OR FRUIT

CHEESE QUAVERS APPLE SLICED

### DRINK

ORANGE JUICE APPLE JUICE  
BABY CHINO MILK

MINIMUM  
2 PERSONS  
PRICES PER  
PERSON

## EVERYDAY TEA 2.50

**MAYFAIR ENGLISH BREAKFAST** **Calming**  
The most traditional of our teas full round bodied taste with a slightly mellow tone. Decaf Available.

## SPECIALITY TEA 2.90

**EARL GREY** **Refreshing**  
Using only natural flavours & oils this could be the best Earl Grey you have ever tasted.

**DUCHESS EARL GREY** **Invigorating**  
Dried lemon and orange peels add a citrus twist to this Earl Grey.

**MARGARET'S DARJEELING** **Refreshing**  
A distinctive muscatel flavour, with hints of blackcurrants create an almost wine like taste.

**BORENGAJULI ASSAM** **Invigorating**  
This 2nd flush Assam has a deep malted flavour as fresh as the day it was plucked.

**BLUEBERRY BURST** **Energising**  
Wild blueberries combined with top quality organic Ceylon tea produce an amazing intense flavour.

**JASMINE CHAI** **Energising**  
Jasmine, Rose and Lavender petals add exquisite floral notes to a traditional chai spice mix flavour.

**MOROCCAN MINT** **Invigorating**  
A black tea with a wonderful Mint aroma, bright, flavoursome and malty with cool peppermint finish.

**PEPPERMINT** **Refreshing (cf)**  
Outstanding peppermint leaves, produce a cool and pungent cup of tea bursting with minty flavour. Great after food.

**EGYPTIAN CAMOMILE** **Relaxing (cf)**  
Known for its health benefits. Fruity with a light floral flavour.

**GINGER ROOT & LEMON** **Cleansing (cf)**  
Lemon tanginess & warm ginger flavours are carefully balanced so you still taste the quality.

**APPLE SPICED FRUIT** **Comforting (cf)**  
This apple experience has naturally dried apple pieces with cardamom, cloves, pepper and cinnamon.

**STRAWBERRY & KIWI** **Energising (cf)**  
A bold and full bodied blend of fruits and herbs are combined without being too over sweet.

**ALMOND & CHERRY ROOIBOS** **Relaxing (cf)**  
A full flavoured rooibos with a taste of Bakewell tart. A Northern Tea House favourite.

**ROOIBOS** **Relaxing (cf)**  
Commonly known as red bush this caffeine free, herbal tea has a distinctive flavour and sweet aroma.

(cf= caffeine free)

# NORTHERN TEA HOUSE

Continued...

**BODY BOOST** **Improves Metabolism**  
A blend of oolong, white tea, yerba mate and lemon pieces. Feeling good never tasted better.

**JAPANESE SENCHA** **Cleansing**  
This green tea has a distinctive glossy look & feel that provides a rich and full flavoured green tea.

**JASMINE BLOSSOM** **Cleansing**  
A fragrant floral bouquet from this green tea with the finest jasmine blossoms.

## BLOOMING TEA 3.75

Enjoy this speciality tea in a glass tea Pot as you watch it open, bloom & brew to perfection.

**LOTUS PEAK FLOWERBURST** **Cleansing**  
Blooms of amaranth, hibiscus & lavender hand tied with superb green tea & hints of lemon.

**LILY'S LOVE** **Cleansing**  
Amaranth, lavender & jasmine blossoms hand tied with premium green tea with a hint of honey.

## COFFEE

### DECAF

Decaf coffee is available in all our coffee.

**AMERICANO** 2.60  
Hot water topped with Espresso. (12oz)

**LATTE** 2.80  
Espresso topped with steamed milk. (12oz)

**CAPPUCCINO** 2.80  
Espresso with steamed milk, topped with foam and Chocolate. (12oz)

**MOCHA** 3.00  
Espresso with smooth luxury hot chocolate. (12oz)

**ESPRESSO** 1.80  
Intense shot of coffee.

**ESPRESSO MACCHIATO** 2.00  
With a little milk foam.

**CORTARDO** 2.70  
Restricted double espresso with micro foam finish. (6oz)

**FLAT WHITE** 2.80  
Double espresso blend made with hot steamed milk. (8oz)

### SYRUPS 0.60

CARAMEL  
CINNAMON  
HAZELNUT  
GINGERBREAD  
VANILLA  
ORANGE  
MINT

GREAT IN  
COFFEE OR  
HOT CHOC

MAKE IT LARGE FOR 30P  
ADD CREAM OR AN  
EXTRA SHOT FOR 50P

## CHOCOLATE

**HOT CHOCOLATE** 3.00  
A large creamy velvety hot chocolate with sprinkles

**LUXURY HOT CHOCOLATE** 3.50  
A real treat, luxury hot chocolate with fresh whipped cream and marshmallows.

**MINT HOT CHOCOLATE** 3.90  
With mint syrup topped with fresh whipped cream and chocolate syrup.

## MATCHA TEA 3.00 LATTE 3.30

**TRADITIONAL MATCHA** **Cleansing**  
Nearly 20g of calcium, and 7 times more antioxidants of the same amount of orange juice.

**PEPPERMINT & GREEN TEA MATCHA** **Refreshing**  
Made to traditional Japanese matcha specifications, combining luxury green tea with premium peppermint leaves.

## SPECIALS

**CHAI LATTE** 3.00  
A warm and aromatic spiced chai blend with steamed milk, dusted with cinnamon.

**DIRTY CHAI** 3.50  
A warm and aromatic spiced chai blend with steamed milk, with a shot of espresso

**CHOCA-ORANGE MOCHA** 3.80  
An espresso topped with smooth hot chocolate, orange syrup, dusted with chocolate.

**CARAMEL MACCHIATO** 3.80  
Espresso based drink with steamed milk, added vanilla syrup & caramel sauce topping.

## COLD DRINKS

**SANPELLI VARIOUS** 2.20

**FENTIMANS** 2.60

**COKE** 2.40

**DIET/ZERO COKE** 2.20

**GLASS OF MILK** 1.00

**KIDS JUICE BOX** 1.25

**FRESH ORANGE** 2.00

**FRESH APPLE** 2.00

**STILL WATER** 1.50

**SPARKLING WATER** 1.50

**ICED TEA** 3.00  
(VARIOUS FLAVOURS)

**ICED COFFEES** 3.30

EXHIBIT  
YOUR  
WORK AT  
NORTHERN  
TEA  
HOUSE

SEND A PROPOSAL  
OF YOUR WORK  
TO CONSIDER  
AN EXHIBITION

EMAIL  
INFO@NORTHERNTEAHOUSE  
.CO.UK